

# Acrostichum aureum L.

A large, tropical fern with distinctive features. Its fronds can reach impressive heights, often exceeding 3 meters. The plant has a unique golden-brown coloration, especially when young. The fronds are pinnate, with leaflets arranged on either side of the central axis. *Acrostichum aureum* is typically found in coastal areas, mangroves, and other wetland habitats, thriving in brackish or saltwater conditions.

The rhizomes and fronds are believed by some to have properties that may aid in treating skin conditions, respiratory issues, and even as a general tonic.



**Native to**  
Old & New World Tropics



**Geo. Distribution**  
Coastal Tropics &  
Subtropics

